





JULY : SAINT-POL-DE-LÉON

<p>Markets</p>	<p>Daily markets : Tuesday morning : Saint-Pol-de-Léon Tuesday from 5:30pm to 7:30pm : Tréfléz (from 5pm to 7pm in the winter) Wednesday morning : Roscoff, Landivisiau, Sizun Friday morning : Cléder Saturday morning : Plouescat</p>	<p>Seasonal markets: Wednesday: Plouénan, place François-Prigent 5pm-9pm Thursday: Moguëriec à Sibiril Sunday morning: Kerfissien à Cléder/ Ile de Batz: morning, place du vénoc</p>
<p>Pol-Aurélien Cathedral SAINT-POL-DE-LÉON Location on the map : D4</p>	<p>Open everyday 9.30am - 7pm. From 15 July to 23 August : guided tours (in French only). Everyday 10.30am - 1pm & 2.30pm - 6.30pm except Saturday all day, Sunday morning and Tuesday morning. Free. From 16 July to 20 August, every Tuesday from 11am to 12am : Organ Concert.</p>	<p>Free entrance.</p>
<p>Notre-Dame-du-Kreisker Chapel SAINT-POL-DE-LÉON Location on the map : D4</p>	<p>The 14th-15th-century chapel has the tallest spire (80m-high) of Brittany and was built by an english architect ! Open daily from 9.30am to 12pm and from 2pm to 6pm. Climb the bell tower Monday to Saturday, 10.30am to 12pm and 2pm to 6pm.</p>	<p>Free visit to the chapel. Free visit to the chapel. Climb the bell tower for children aged 8 and over: 2€ per adult 1€ for children under 12</p>
<p>Maison Prébendale  4 place de l'Été 44 SAINT-POL-DE-LÉON Location on the map : D4 +33 2 98 15 85 55</p>	<p>From 6 July to 22 September, open every day except Thursday, from 2.30pm to 6pm. Exhibition of sculptors from Brittany: artists present one or more works in the Maison Prébendale, showcasing their creativity in stone, metal, wood, terracotta, reinforced plaster and other combinations of materials and techniques.</p>	<p>Free</p>
<p>The House of the Artichoke Place de l'Évêché SAINT-POL-DE-LÉON Location on the map : D3</p>	<p>The Confrérie de l'Artichaut proposes at the Maison de l'Artichaut animations around the cultivation of artichokes, with culinary demonstrations, tastings and sales of vegetables, history of the cultivation of the artichoke, cooking demonstrations with the Articook, musical animations. 9 July - 27 August : Every Tuesday from 9am to 1pm.</p>	<p>Free entrance.</p>
<p>Clog maker  Place de l'Évêché SAINT-POL-DE-LÉON Location on the map : D3 +33 2 56 19 11 09 +33 6 16 01 75 25</p>	<p>The clogmaker, artisanal craftman, combines tradition and modernity to create comfy leather and wooden clogs. The Finistère's unique clogmaker is in Saint-Pol-de-Léon and is recognised as intangible Cultural Heritage! Guided tour of the workshop (in french only) every Tuesday at 3pm and 4.30pm. Shop open all-year-round : Tuesday to Friday 9am - 6pm and Saturday 10am - 4pm.</p>	<p>Free access to the shop open Tuesday to Saturday from 10am to 5pm. Guided tours : 5€. Booking required at the Tourist Information Centre. Free under 12.</p>
<p>Légumes project Ferme de Kerguelen SAINT-POL-DE-LÉON Location on the map : B9 +33 6 23 73 67 05</p>	<p>Visit a certified organic farm and discover the interpretation centre. Great educational and entertaining family activities, for children and adults alike ! Open from 9 July to 23 August. In French only. Experiential tours on Tuesdays, Wednesdays and Fridays from 10.30am to 12pm: a fun guided tour of agriculture and vegetables with a sensory area, ending with a tasting session. Family visits on Tuesdays, Wednesdays, Thursdays and Fridays from 2.30pm to 4pm: fully guided. Police investigation on Wednesdays 17 July at 2.30pm: a murder was committed on the Kerguelen farm in 1916. Help us discover the culprit. Visit to Légumes Project included. Ages 12 and up.</p>	<p>Experiential visit and police investigation : 13€ per adult 9€ per child under 13 Free for children under 5. Family visit : 10€ per adult 5 per child Free for children under 2. Booking required.</p>
<p>Maison Imbert bike rental service 624 rue de Morlaix SAINT-POL-DE-LÉON Location on the map : E6 +33 6 76 35 52 23</p>	<p>Rental service with classic and electric bikes. Repair and maintenance workshop and sale of accessories for your cycling activity (clothing, luggage, etc.). And also... Pimp your bike ! Bring a touch of color and personalization and turn it into an entirely different bike ! Open from Tuesday to Saturday : 10am-12am and 2pm-7pm.</p>	<p>Rates and informations on : www.maisonimbertycle.com</p>
<p>Public Pool  33 rue des Carmes SAINT-POL-DE-LÉON Location on the map : C5 +33 2 98 29 12 77</p>	<p>Recreational pool, water games, rapid river, massaging spurts, slides. Spa: steam room, sauna, whirlpool bath... From 8 July to 1st September : Monday, Wednesday and Friday : 10am - 12.30am and 2.30pm - 7pm. Tuesday and Thursday : 10am - 1.30pm and 2.30pm - 7pm. Saturday : 2.30pm - 6pm. Sunday : 9am - 12.30am and 2.30pm - 6pm. Public holidays : 9am - 12.30am. 8 July - 30 August : swimming lessons every morning from Monday to Friday. Every Wednesday, 12 July - 30 August from 2:30 pm to 4:30 pm : pool inflatables.</p>	<p>Adult: 4,50 €. Children 3 to 18 years old: 4.00 €. Children under 3 years old: Free.</p>

<p>Watersport Centre</p>  <p>Pointe de la Groue SAINT-POL-DE-LÉON Location on the map : I5 +33 2 30 26 00 65 cgspl@revesdemer.com</p>	<p>Find all the activities on www.revesdemer.com.</p> <p>Mousaillon courses from age 4 and sailing courses from age 7, wing foil, private lessons, accompanied kayak or paddle trips, water walks and equipment hire (single or giant paddle, windsurf, funboard, single or two-seater kayak, funboat, 14 or 16 catamaran).</p>	<p>Information and bookings at the Watersports Centre.</p>
<p>Public Library</p>  <p>Kéroulas SAINT-POL-DE-LÉON Location on the map : D4 +33 2 98 69 14 74</p>	<p>Wide selection of novels, comic books and manga, documentaries, magazines, music and DVDs, seed swap.</p> <p>Opening Hours : Tuesday: 10am - 5pm Wednesday and Saturday: 10am - 12pm and 1.30pm - 5pm Friday: 3pm-7pm</p>	<p>Free entrance. Subscription required for borrowing library resources.</p> <p>More informations on www.mediatheques.hlc.bzh.</p>
<p>Movie theater Le Majestic</p>  <p>Place Michel Colombe SAINT-POL-DE-LÉON Location on the map : D5 +33 2 98 19 12 65</p>	<p>Timetable available at the Tourist Information Centre and on the website www.cinema-majestic-29250.com.</p> <p>Movie every day.</p>	<p>Adult : 7€ Discounted rate (under 18 years old, students and job seekers): 6€ Under 14 years old : 4,50€ Subscribers : 5,50€</p>
<p>The Breiz'ters SAINT-POL-DE-LÉON +33 2 98 69 05 69</p>	<p>In french or spanish only. Guided tour following the concept of Greeters. Our Breiz'ters provide a free and warm welcome to individuals or groups of up to 5 people. They can add huge value to your visit by sharing their local knowledge of Saint-Pol-de-Leon highlights, hidden gems and heritage.</p> <p>Booking required at the Tourist Information Centre.</p>	<p>Free</p>
<p>Walking and cycling trails SAINT-POL-DE-LÉON</p>	<p>Heritage trail: discover the historic centre and the coastline of Saint-Pol-de-Léon thanks to the 28 interpretation panels along the trail. A treasure hunt for children is available free of charge at the Tourist Office.</p> <p>Sainte-Anne islet: visit the Sainte-Anne islet, a natural site linked to the coast by the Penarth promenade.</p> <p>Jardin du Champ de la Rive: children's playground, picnic area and magnificent view of the islet Sainte-Anne and the Bay of Morlaix.</p> <p>Saint-Pol - Roscoff: a pleasant 8km walk along the GR34 coastal path, or a 5.6km cycle ride along the greenway.</p>	<p>Heritage trail map available at the Tourism Information Centre.</p> <p>Free maps available at the Tourism Information Centre.</p> <p>Hiking guide « 15 hikes and rides » (in french only) : 1 €.</p> <p>Hiking itineraries in Haut-Léon : 5€ 11 itineraries, 0.50€ per itinerary (in french only).</p>
<p>La Maison du Filet Brodé</p>  <p>1 rue des Sabotiers PLOUÉNAN +33 6 70 38 97 28</p>	<p>A collection of 50 collected or reconstructed headdresses from different areas of Brittany has been put together by the non-profit organisation « Ijin Ha Spered ar Vro » and exhibited along with regional costumes from the first half of the 20th century. Visit the workshop.</p> <p>Visit in english and german available.</p> <p>From 2 July to 11 September: open on Tuesdays, Wednesdays and Thursdays from 2pm to 6pm.</p> <p>July and August: 'Treasures of embroidery in Brittany' exhibition.</p> <p>From 19 June to 28 August, every Wednesday at 4pm: special 'Market Day' tour.</p> <p>4 and 30 July at 2.30pm and 4pm: explanations and demonstrations of how to put on the Chikolodenn headdress.</p> <p>16 July from 2pm to 5pm: introduction to embroidered netting.</p> <p>25 July from 2pm to 5pm: embroidery workshop.</p> <p>18 July at 2.30pm and 4pm: discovery tours for children aged 3 to 12.</p>	<p>Entrance fee : 2 €/person. Free under 12 years old.</p> <p>Demonstration of netting - Initiation for beginners (booking required) : 20€ (3 hours).</p> <p>Lessons : membership 30€.</p> <p>Group tours (booking required).</p>
<p>Public Library Rue du 19 mars 1962 PLOUÉNAN +33 2 98 69 51 47</p>	<p>Wide selection of novels, comic books and manga, documentaries, magazines, music and DVDs.</p> <p>Tuesday: 10am - 12am and 4pm - 6.30pm Wednesday: 10am - 12am and 2pm - 6.30pm Friday: 10am - 12am and 4pm - 6.30pm Saturday: 10am - 3pm</p>	<p>Book loans by subscription.</p> <p>For more information, visit www.mediatheques.hlc.bzh.</p>
<p>Public Library 55 rue de la Mairie MESPAUL +33 2 98 61 59 79 biblio.mespaul@orange.fr</p>	<p>Monday: 6 - 7.30pm Wednesday: 10 - 12pm and 1.30 - 6.30pm Saturday: 9.30am-12pm</p>	<p>Book loans by subscription.</p> <p>For more information, visit www.mediatheques.hlc.bzh.</p>
<p>Véloc' Ouest bike rental service +33 6 23 36 24 98 +33 2 90 73 31 62 contact@velocouest.fr</p>	<p>Electric bike hire, adult or child bikes, tandems, mountain bikes, mountain bikes, trailers and child seats, helmets, etc.</p> <p>Delivered to your door all year round.</p> <p>You can hire your bike 24 hours before the start date.</p>	<p>Book your bike online, by filling in the rental dates, as well as the place of delivery on: www.velocouest.fr/livraisondevelos/</p> <p>Security of transactions ensured.</p>