
 NOVEMBER : SAND COAST 		
Markets	Daily markets : Tuesday morning : Saint-Pol-de-Léon Tuesday from 5pm to 7pm : Tréfléz Wednesday morning : Roscoff, Landivisiau, Sizun Friday morning : Cléder Saturday morning : Plouescat	
Sand yachting and Nautical Centers Plouescat Port de Porsguen (Centre Nautique) & Baie de Kernic (Char à voile) PLOUESCAT Location on the map : C2 +33 2 98 69 63 25	Sand yacht base: every Saturday afternoon.	Prices and reservations: www.plouescat-nautisme.fr or +33 2 98 69 63 25
"Partouche" Casino 100, rue de Brest PLOUESCAT Location on the map : D3 +33 2 98 69 63 41	From 10 am to 3 am: on Monday, Tuesday, Wednesday, Thursday and Sunday. From 10 am to 4 am: on Friday and Saturday	(Identity card compulsory). Prohibited to minors.
Kermenguy's Castle CLÉDER Location on the map : B7	This lovely Renaissance-style manor, renovated during the 19th century, replaced the ancient Kermenguy medieval castle. 19th-century tables, kennel and barns. All information on possible events at www.chateau-des-legendes.com . Private property. Manor only visible from the n°23 communal road.	
"Le Dauphin" Cinema 10, rue Maréchal Foch PLOUESCAT Location on the map : D4 +33 2 98 69 66 82	1 Cinema room. "Art et Essai" programmed-style cinema. Monthly schedule on: www.cinemaledauphin.fr	Full price: 6 € - 12 y.o.: 4 € Everyday session in summer
Cycling and walkings paths	Cycling and walking paths - Topoguides : - 15 walking paths on the GR 34, the GR380 and the "veloroute" cycling path - Walking in Haut-Léon territory, 10-technical sheets topo-guide Bicycle tour available on-demand at Plouescat Tourist Office.	Topoguide on sale for 1€ and 5€.
Brittany kite surf school Plages de Keremma PLOUESCAT +33 7 83 33 87 +33 7 contact@ecolekitesurfbreizh.com	Discover Kitesurfing and Wingfoil on the immense beaches of Keremma. Training according to individual progress and level. Different training courses from 12 years old / 40kg: Discovery to improvement sessions, 3-day introductory course, sailing and supervised rental. Open 7 days a week.	Booking in advance recommended.
Sand Coast Golf course 3 Coatalec PLOUESCAT Location on the map : C5 +33 6 16 74 52 46	Approved 9-hole golf course. Discover or perfect your game all year round with a PGA pro. Discovery and improvement course during the holidays.	Prices : Green fee: 20€ (-18 y.o.: 5€) for a 2-time 9-hole course
"Grains d'Or" Horse Stables Gorre-bloué PLOUESCAT Location on the map : D5 +33 6 03 76 96 80	Riding centre. Riding lessons all year round for all levels and all ages, courses, rides in the forest or on the beach, pony rides, horse boarding.	Prices : 1 hour ride : 25€. 1 hour 30 : 30 € Stroll in hand: 10h the 1/2h - 20€/hour
La "Maison des Dunes" museum Kéremma TRÉFLEZ +33 2 98 61 69 69	Annual closure from November 4th.	
Médiathèque l'Atelier Pôle culturel 16, place du Dauphin PLOUESCAT Location on the map : D4 +33 2 98 69 88 81	Mediatheque, animations in and out of the building - Image and sound room (DVDs, PS4 games, CD records). Seeds register. Wifi access in the hall and computer room dedicated to online consultation searches. 10 computers for use availables. Monday: closed Tuesday, Thursday, Friday: 4 to 6.30 pm Wednesday, Saturday: 10 to 12.30 am and from 2 to 5 pm Sunday : 2 to 5 pm	Entrance for free and for all, visitors included Yearly subscription : - Less than 18 y.o., students, unemployed,...: Free - Adult: 15€ - Family (from 2 children): 25 € - Summer tourists: 10 €

<p>"Côte des Légendes" Honey Farm Prat-Bian PLOUESCAT Location on the map : A4 +33 2 98 69 88 93</p>	<p>Shop : Monday to Friday from 9am to 12pm and from 2pm to 6pm.</p>	
<p>Fishing on Sand Coast</p>	<p>On-foot fishing : Tides guide and a regulation ruler are available at the Tourist Offices of the territory. I fish on the shore by foot : An essential book for beginners is for sale at Plouescat's Tourist Office !</p>	<p>Price: On-foot fishing guide: 9.90€</p>
<p>Pump track Cléder Place Ashburton CLÉDER</p>	<p>1300 m square area dedicated to the practise of skating,with 900 m square area of tracks and bumps !</p>	
<p>Street workout facility Parc des sports Neben der Sporthalle des Zentrums PLOUESCAT Location on the map : D4</p>	<p>Outdoor stuctures for all ages : slides and swing seats for the youngest, skate park, city stade, and outside training structure for musculation, cardio, crossfit, etc.. Individualised coaching app possible (download it for free). Open all-year long !</p>	<p>Free</p>
<p>Nautical club Cléder Plage des Amiets CLÉDER Location on the map : B2 +33 2 98 69 42 98 +33 6 68 61 40 84 cn.cleder@gmail.com</p>	<p>Closed for renovation until may 2025.</p>	<p>Prices on clubnautiquecléder.jimdofree.com Reservation by email: cn.cleder@gmail.com or by phone: +33 6 66 46 30 49</p>
<p>Léon Surf School 170 Beg Tanguy (Moguériec) SIBIRIL +33 6 66 46 30 49</p>	<p>Lessons and training courses, stand-paddle rides, fitness paddle,...</p>	<p>Lessons and training courses schedule, tariffs and reservations at www.ecole-surf-leon.com or by phone at +33 6 66 46 30 49</p>
<p>Tennis Parc de loisirs des Amiets Rue de Théven Kerbrat CLÉDER Location on the map : B2 +33 2 98 69 63 88</p>	<p>4 outdoor courts to be used all-year long Collective or private training sessions possible for young people from 4 y.o. and adults</p>	<p>Free access all-year-round</p>
<p>Tennis Palud Bihan PLOUESCAT Location on the map : C2 +33 6 88 58 41 74</p>	<p>4 outdoor courts Courts and training lessons on-demand. Monitored by a professional tennis coach.</p>	<p>Free access all-year-round</p>